

92-year-old woman successfully battles Covid-19

TIMES NEWS NETWORK

Kota:

A 92-year-old woman here has given many hope by successfully battling Covid. Sheila Devi's positive attitude and regular lung exercise is the sole reason, besides timely hospitalisation and medicines, behind her speedy recovery, said doctors.

“Maa herself took bath today and did normal activities including eating her meals and medicines,” said her son Dr Arvind Saxena, expressing gratitude towards god and the medical staff.

“I had never met or conversed earlier with any of the doctors and medical staff who attended to my mother in the hospital. Their dedicated treatment and care to my mother is highly appreciative,” said Saxena, a sexagenarian who is visually impaired. He is a noted historian retired from government college, Kota.

After complaint of fever and cough for two days, Sheila Devi Saxena, on medical advice, underwent RT-PCR test on April 16 and chest CT scan the next day that showed a score of 10/25 ringing an alarm bell for the family. Her grandchildren comprise a doctor and engineer, but they are on duty at Jaipur and Bengaluru, respectively, making it hard for Dr Saxena to arrange for treatment of his mother.

He called the superintendent of Maharao Bhim Singh (MBS) Hospital Dr Naveen Saxena and explained the severity of the patient and his visually impaired condition.

"Dr Naveen Saxena without any approach or influence asked for immediate hospitalization of my mother to a private ward where she underwent critical Covid treatment for 7 days from April 18 to April 25," Dr Saxena said.

"The doctor at MBS Hospital asked me to send one attendant and assured to make all arrangements. The dedicated medical care the staff provided to my mother for seven days round-the-clock is unforgettable," Dr Saxena said.

Sheila Devi was put on oxygen support on the very first day and was administered innumerable drips.

"My mother would call me from the hospital and say that 4-4 drips are continuously being administered to her and I would soothe her by saying that she would get well soon with the treatment," he further said.

"92-year-old Sheila Devi is full of positive energy which is the main reason, besides the medicines and timely hospitalization, behind her speedy recovery," said Dr C P Meena, incharge of Covid ward at MBS Hospital, and nodal officer of Covid Care centres in private hospitals at Kota. He added that at such an old age, the lungs suffer most adversely and the immunity also diminishes.

"If the Covid patient maintains a positive outlook and regularly exercises lungs with spirometer or performs yogic exercise 'anuloma viloma', he/she is sure to defeat Corona and Sheila Devi did all this actively', Dr Meena said.



Sheila Devi Saxena



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