

## A SHOT OF HOPE THE SPEAKING TREE

# Invoke Krishn When Faced With A Crisis

*Maruti Nandan Tiwari*

When faced with a challenge like the pandemic, let's invoke Krishn, the champion of crisis management.

The dynamism of Krishn as depicted in Mahabharat, Srimad Bhagavatam and Bhagwad Gita present him as 'Liladhar', a diplomatic persona, champion of crisis management, philosophical yog guru, and the expounder of the Gita. Krishn would actively move in society, solving people's big and small problems.

The personality of Krishn was twofold: worldly, and non-worldly – spiritual – as Vishwaguru Yogeshwar. The Gita presents Krishn as Yogeshwar, embodiment of supreme knowledge, and as an omnipresent and omnipotent cosmic deity in the form of Vishwaroop.

Some of the worldly crises he helped mitigate include water pollution of River Yamuna by killing Kaliya Nag; lifting the Govardhan hill on his finger to provide shelter to the people and livestock of Gokul under it and save them from the torrential rain caused by Indra; and freeing Mathura from the tyranny of Kans. His 'bal-lilas', including the killing of demons like Putana, Dhenuk, Arishtasur and Trinawart, who were sent by Kans to kill him, show that right from childhood, Krishn was out to manage crises to uphold dharma and justice.

In Mahabharat, the main moment of crisis arose when Arjun, upon seeing before him Bhishm, Dronacharya and many other close relations on the battlefield, decided not to fight them and sought Krishn's help. At this point, Krishn came to his rescue and delivered a discourse to get Arjun ready for the war. The dialogue between 'Nara', Arjun, and 'Narayan', Krishn, became the Gita. Krishn preached that everything is predestined and we all should follow the path of our own karma, fixed action; Gita, 2:38, 47. Our lives are like a yajna and our karmas, actions, are the 'ahuti', offering. The Gita is actually Krishn's dialogue with all of us. And the pandemic is the time to invoke him and pray to him to show us the ways and means to overcome the crisis with perfect peace of mind like the way Arjun did.

Another significant incident in Mahabharat was the 'vastraharan', disrobing, of Draupadi by Dushasan in the Kaurav sabha. Draupadi desperately tried to save herself from the humiliation and sought help from her husbands and the elders in the sabha but none came to her rescue. Krishn himself says, as long as one makes an effort on his own, out of his ego, thinking 'I can do it', or seeks help from others, he will remain a drishta, an observer. But when he is invoked with a pure heart, Krishn would appear. This is what happened with Draupadi. Krishn came to her rescue the moment she prayed to him.

Krishn helps only when we immerse our ahamkar, ego, that 'I can manage, I will do it' and come to

the point of 'Sharanagat bhav', absolute self-submission. In the Gita, chapter 18, Krishn himself says: 'Forget all the dharma and come to my 'sharan', I will take care of you and your problems and make you fearless and grant moksha.' Need we say more!



*For hope in the  
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spiritual  
masters, scan  
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